

# September 2018

## Abramson Sci Academy Lunch

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

3	4	5	6	7
<p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Turkey Nachos</li> <li>Fiesta Rice</li> </ul> <p><b>Sides for All Meals</b></p> <ul style="list-style-type: none"> <li>Slow Cooked Pinto Beans</li> <li>Seasoned Corn</li> </ul> <p><b>2Mato</b></p> <ul style="list-style-type: none"> <li>Supreme Pizza</li> <li>Cheese Pizza</li> </ul> <p><b>Grill</b></p> <ul style="list-style-type: none"> <li>Pizza Burger</li> <li>Classic Hamburger</li> </ul> <p><b>On the Go</b></p> <ul style="list-style-type: none"> <li>Ham &amp; Cheddar Chef Salad</li> <li>Saltine Crackers</li> </ul>	<p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Crunchy Hard Shell Turkey Tacos</li> <li>Fiesta Rice</li> </ul> <p><b>Sides for All Meals</b></p> <ul style="list-style-type: none"> <li>Mixed Vegetable Medley</li> <li>Slow Cooked Pinto Beans</li> </ul> <p><b>2Mato</b></p> <ul style="list-style-type: none"> <li>Classic Pepperoni Pizza</li> <li>Cheese Pizza</li> </ul> <p><b>Grill</b></p> <ul style="list-style-type: none"> <li>Pizza Burger</li> <li>Classic Hamburger</li> </ul> <p><b>On the Go</b></p> <ul style="list-style-type: none"> <li>Ham &amp; Cheddar Chef Salad</li> <li>Saltine Crackers</li> </ul>	<p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Homemade Chicken Noodle Soup</li> <li>Toasty Cheese Sandwich</li> </ul> <p><b>Sides for All Meals</b></p> <ul style="list-style-type: none"> <li>Seasoned Carrots</li> <li>Savory Green Beans</li> </ul> <p><b>2Mato</b></p> <ul style="list-style-type: none"> <li>Seasoned Chicken Fajita Pizza</li> <li>Cheese Pizza</li> </ul> <p><b>Grill</b></p> <ul style="list-style-type: none"> <li>Classic Cheeseburger in Bun</li> <li>Classic Hamburger</li> </ul> <p><b>On the Go</b></p> <ul style="list-style-type: none"> <li>Turkey Taco Salad</li> <li>Saltine Crackers</li> </ul>	<p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Teriyaki Glazed Chicken</li> <li>Asian Brown Rice</li> <li>Vegetable Egg Roll</li> </ul> <p><b>Sides for All Meals</b></p> <ul style="list-style-type: none"> <li>Baby Carrots</li> <li>Seasoned Peas</li> </ul> <p><b>2Mato</b></p> <ul style="list-style-type: none"> <li>Classic Pepperoni Pizza</li> <li>Cheese Pizza</li> </ul> <p><b>Grill</b></p> <ul style="list-style-type: none"> <li>BBQ Cheddar Burger</li> <li>Classic Hamburger</li> </ul> <p><b>On the Go</b></p> <ul style="list-style-type: none"> <li>Chicken Salad</li> <li>Saltine Crackers</li> </ul>	<p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Classic Chicken Sandwich</li> </ul> <p><b>Sides for All Meals</b></p> <ul style="list-style-type: none"> <li>Homemade Mashed Potatoes</li> <li>Roasted Carrot Fries</li> </ul> <p><b>2Mato</b></p> <ul style="list-style-type: none"> <li>BBQ Chicken Pizza</li> <li>Cheese Pizza</li> </ul> <p><b>Grill</b></p> <ul style="list-style-type: none"> <li>Mushroom &amp; Swiss Burger</li> <li>Classic Hamburger</li> </ul> <p><b>On the Go</b></p> <ul style="list-style-type: none"> <li>Chicken Caesar Salad</li> <li>Saltine Crackers</li> </ul>
<p><b>10</b></p> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Red Beans &amp; Rice</li> <li>Cornbread</li> <li>Brown Rice</li> </ul> <p><b>Sides for All Meals</b></p> <ul style="list-style-type: none"> <li>Cinnamon Glazed Carrots</li> <li>Yellow Squash</li> </ul> <p><b>2Mato</b></p> <ul style="list-style-type: none"> <li>Meat Lover's Pizza</li> <li>Cheese Pizza</li> </ul> <p><b>Grill</b></p> <ul style="list-style-type: none"> <li>Classic Cheeseburger in Bun</li> <li>Classic Hamburger</li> </ul> <p><b>On the Go</b></p> <ul style="list-style-type: none"> <li>Turkey Cobb Salad</li> <li>Saltine Crackers</li> </ul>	<p><b>11</b></p> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Crunchy Hard Shell Turkey Tacos</li> <li>Fiesta Rice</li> </ul> <p><b>Sides for All Meals</b></p> <ul style="list-style-type: none"> <li>Mixed Vegetable Medley</li> <li>Slow Cooked Pinto Beans</li> </ul> <p><b>2Mato</b></p> <ul style="list-style-type: none"> <li>Classic Pepperoni Pizza</li> <li>Cheese Pizza</li> </ul> <p><b>Grill</b></p> <ul style="list-style-type: none"> <li>Pizza Burger</li> <li>Classic Hamburger</li> </ul> <p><b>On the Go</b></p> <ul style="list-style-type: none"> <li>Ham &amp; Cheddar Chef Salad</li> <li>Saltine Crackers</li> </ul>	<p><b>12</b></p> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Turkey Sloppy Joe</li> </ul> <p><b>Sides for All Meals</b></p> <ul style="list-style-type: none"> <li>Roasted Italian Vegetables</li> <li>Roasted Carrot Fries</li> </ul> <p><b>2Mato</b></p> <ul style="list-style-type: none"> <li>Italian Sausage Pizza</li> <li>Cheese Pizza</li> </ul> <p><b>Grill</b></p> <ul style="list-style-type: none"> <li>Classic Cheeseburger in Bun</li> <li>Classic Hamburger</li> </ul> <p><b>On the Go</b></p> <ul style="list-style-type: none"> <li>Turkey Taco Salad</li> <li>Saltine Crackers</li> </ul>	<p><b>13</b></p> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Caribbean Baked Chicken</li> <li>Brown Rice</li> <li>Dinner Roll</li> </ul> <p><b>Sides for All Meals</b></p> <ul style="list-style-type: none"> <li>Seasoned Corn</li> <li>Seasoned Broccoli</li> </ul> <p><b>2Mato</b></p> <ul style="list-style-type: none"> <li>Buffalo Chicken Flatbread</li> <li>Cheese Pizza</li> </ul> <p><b>Grill</b></p> <ul style="list-style-type: none"> <li>BBQ Cheddar Burger</li> <li>Classic Hamburger</li> </ul> <p><b>On the Go</b></p> <ul style="list-style-type: none"> <li>Chicken Salad</li> <li>Saltine Crackers</li> </ul>	<p><b>14</b></p> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Blackened Baked Pollock</li> <li>New Orleans Dirty Rice</li> <li>Cornbread</li> </ul> <p><b>Sides for All Meals</b></p> <ul style="list-style-type: none"> <li>Savory Green Beans</li> <li>Sweet Potato Tots</li> </ul> <p><b>2Mato</b></p> <ul style="list-style-type: none"> <li>Turkey Taco Pizza</li> <li>Cheese Pizza</li> </ul> <p><b>Grill</b></p> <ul style="list-style-type: none"> <li>Mushroom &amp; Swiss Burger</li> <li>Classic Hamburger</li> </ul> <p><b>On the Go</b></p> <ul style="list-style-type: none"> <li>Chicken Caesar Salad</li> <li>Saltine Crackers</li> </ul>
<p><b>17</b></p> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Savory Salisbury Steak</li> <li>Brown Rice</li> <li>Dinner Roll</li> </ul> <p><b>Sides for All Meals</b></p> <ul style="list-style-type: none"> <li>Seasoned Collard Greens</li> <li>Mashed Potatoes</li> </ul> <p><b>2Mato</b></p> <ul style="list-style-type: none"> <li>Classic Pepperoni Pizza</li> <li>Cheese Pizza</li> </ul> <p><b>Grill</b></p> <ul style="list-style-type: none"> <li>Classic Cheeseburger in Bun</li> <li>Classic Hamburger</li> </ul> <p><b>On the Go</b></p> <ul style="list-style-type: none"> <li>Turkey Cobb Salad</li> <li>Saltine Crackers</li> </ul>	<p><b>18</b></p> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Italian Meatball Sub</li> </ul> <p><b>Sides for All Meals</b></p> <ul style="list-style-type: none"> <li>Sweet Potato Fries</li> <li>Slow Cooked Pinto Beans</li> </ul> <p><b>2Mato</b></p> <ul style="list-style-type: none"> <li>Supreme Pizza</li> <li>Cheese Pizza</li> </ul> <p><b>Grill</b></p> <ul style="list-style-type: none"> <li>Pizza Burger</li> <li>Classic Hamburger</li> </ul> <p><b>On the Go</b></p> <ul style="list-style-type: none"> <li>Ham &amp; Cheddar Chef Salad</li> <li>Saltine Crackers</li> </ul>	<p><b>19</b></p> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Chicken Nuggets</li> <li>Macaroni and Cheese</li> <li>Dinner Roll</li> </ul> <p><b>Sides for All Meals</b></p> <ul style="list-style-type: none"> <li>Fresh Carrots</li> <li>Seasoned Broccoli</li> </ul> <p><b>2Mato</b></p> <ul style="list-style-type: none"> <li>Seasoned Chicken Fajita Pizza</li> <li>Cheese Pizza</li> </ul> <p><b>Grill</b></p> <ul style="list-style-type: none"> <li>Classic Cheeseburger in Bun</li> <li>Classic Hamburger</li> </ul> <p><b>On the Go</b></p> <ul style="list-style-type: none"> <li>Turkey Taco Salad</li> <li>Saltine Crackers</li> </ul>	<p><b>20</b></p> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Turkey Macaroni Bake</li> <li>Garlic Bread</li> </ul> <p><b>Sides for All Meals</b></p> <ul style="list-style-type: none"> <li>Seasoned Peas</li> <li>Seasoned Zucchini</li> </ul> <p><b>2Mato</b></p> <ul style="list-style-type: none"> <li>Classic Pepperoni Pizza</li> <li>Cheese Pizza</li> </ul> <p><b>Grill</b></p> <ul style="list-style-type: none"> <li>BBQ Cheddar Burger</li> <li>Classic Hamburger</li> </ul> <p><b>On the Go</b></p> <ul style="list-style-type: none"> <li>Chicken Salad</li> <li>Saltine Crackers</li> </ul>	<p><b>21</b></p> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Oven Fried Cajun Fish</li> <li>Hot Dog Bun</li> </ul> <p><b>Sides for All Meals</b></p> <ul style="list-style-type: none"> <li>Tater Tots</li> <li>Seasoned Carrots</li> </ul> <p><b>2Mato</b></p> <ul style="list-style-type: none"> <li>BBQ Chicken Pizza</li> <li>Cheese Pizza</li> </ul> <p><b>Grill</b></p> <ul style="list-style-type: none"> <li>Mushroom &amp; Swiss Burger</li> <li>Classic Hamburger</li> </ul> <p><b>On the Go</b></p> <ul style="list-style-type: none"> <li>Chicken Caesar Salad</li> <li>Saltine Crackers</li> </ul>
<p><b>24</b></p> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Navy Beans &amp; Rice</li> <li>Cornbread</li> </ul> <p><b>Sides for All Meals</b></p> <ul style="list-style-type: none"> <li>Seasoned Collard Greens</li> <li>Fresh Carrots</li> </ul> <p><b>2Mato</b></p> <ul style="list-style-type: none"> <li>Meat Lover's Pizza</li> <li>Cheese Pizza</li> </ul> <p><b>Grill</b></p> <ul style="list-style-type: none"> <li>Classic Cheeseburger in Bun</li> <li>Classic Hamburger</li> </ul> <p><b>On the Go</b></p> <ul style="list-style-type: none"> <li>Turkey Cobb Salad</li> <li>Saltine Crackers</li> </ul>	<p><b>25</b></p> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Turkey Nachos</li> <li>Fiesta Rice</li> </ul> <p><b>Sides for All Meals</b></p> <ul style="list-style-type: none"> <li>Mexicali Corn</li> <li>Seasoned Mixed Vegetables</li> </ul> <p><b>2Mato</b></p> <ul style="list-style-type: none"> <li>Classic Pepperoni Pizza</li> <li>Cheese Pizza</li> </ul> <p><b>Grill</b></p> <ul style="list-style-type: none"> <li>Pizza Burger</li> <li>Classic Hamburger</li> </ul> <p><b>On the Go</b></p> <ul style="list-style-type: none"> <li>Ham &amp; Cheddar Chef Salad</li> <li>Saltine Crackers</li> </ul>	<p><b>26</b></p> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Smothered Pork Chop</li> <li>Brown Rice</li> <li>Dinner Roll</li> </ul> <p><b>Sides for All Meals</b></p> <ul style="list-style-type: none"> <li>Seasoned Carrots</li> <li>Roasted Green Beans</li> </ul> <p><b>2Mato</b></p> <ul style="list-style-type: none"> <li>Italian Sausage Pizza</li> <li>Cheese Pizza</li> </ul> <p><b>Grill</b></p> <ul style="list-style-type: none"> <li>Classic Cheeseburger in Bun</li> <li>Classic Hamburger</li> </ul> <p><b>On the Go</b></p> <ul style="list-style-type: none"> <li>Turkey Taco Salad</li> <li>Saltine Crackers</li> </ul>	<p><b>27</b></p> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>BBQ Chicken</li> <li>Macaroni and Cheese</li> <li>Dinner Roll</li> </ul> <p><b>Sides for All Meals</b></p> <ul style="list-style-type: none"> <li>BBQ Baked Beans</li> <li>Homestyle Potato Salad</li> </ul> <p><b>2Mato</b></p> <ul style="list-style-type: none"> <li>Buffalo Chicken Flatbread</li> <li>Cheese Pizza</li> </ul> <p><b>Grill</b></p> <ul style="list-style-type: none"> <li>BBQ Cheddar Burger</li> <li>Classic Hamburger</li> </ul> <p><b>On the Go</b></p> <ul style="list-style-type: none"> <li>Chicken Salad</li> <li>Saltine Crackers</li> </ul>	<p><b>28</b></p> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Crispy Fish Sandwich with Cheese</li> </ul> <p><b>Sides for All Meals</b></p> <ul style="list-style-type: none"> <li>Seasoned Corn</li> <li>Baked Crinkle Fries</li> </ul> <p><b>2Mato</b></p> <ul style="list-style-type: none"> <li>Turkey Taco Pizza</li> <li>Cheese Pizza</li> </ul> <p><b>Grill</b></p> <ul style="list-style-type: none"> <li>Mushroom &amp; Swiss Burger</li> <li>Classic Hamburger</li> </ul> <p><b>On the Go</b></p> <ul style="list-style-type: none"> <li>Chicken Caesar Salad</li> <li>Saltine Crackers</li> </ul>

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

More Details: [collegiateacademies.nutrislice.com/menu/sci-academy/lunch/](http://collegiateacademies.nutrislice.com/menu/sci-academy/lunch/)  
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